

## Personal details

Gender: M / F / Other    Title: Mr    Mrs    Ms    Miss    Dr    Other:    DOB: \_\_\_\_\_  
 First name: \_\_\_\_\_    Middle Initial: \_\_\_\_\_    Last name: \_\_\_\_\_  
 Email address: \_\_\_\_\_    No email:

## Medical details

For the following questions, please tick (✓) the box if the answer applies to you.

**1. Have you had a bone density scan elsewhere in the last 5 years? (Ignore if done at Osteoscan)**

- No/I've never had a bone density scan.  
 Yes. Date: \_\_\_\_\_

**2. Since turning 50, which of the following bones have you broken as a result of a simple trip or fall? (Do not include broken bones resulting from trauma or vehicle accidents)**

- None/not yet 50 years old  
 Rib(s)  
 Wrist or arm  
 Leg  
 Hip(s)  
 Ankle (s)  
 Spine/vertebra; if so how many? \_\_\_\_  
 Other, please specify: \_\_\_\_\_

**3. Have you had a hip replacement?**

- No     Left hip     Right hip

**4. How many falls have you had in the past 12 months?**

- No falls     1 fall     2 falls  
 3 or more falls; please specify how many: \_\_\_\_

**5. Can you get up from a chair with your arms folded?**

- Yes     No

**6. Do you take sleeping tablets?**

- Yes     No

**7. Do you smoke cigarettes?**

- Yes     No

**8. On average, how many alcoholic beverages would you consume? (Please select one)**

- Per day; please specify how many: \_\_\_\_  
 Per week, please specify how many: \_\_\_\_  
 Occasionally     I do not drink alcohol

**9. Did you experience menopause before the age of 45? (Only applies to females. Includes hysterectomies)**

- Yes     No     I am not yet 45

**10. Do you take any of the following supplements?**

- Calcium     Vitamin D     Neither

**11. Please indicate if you have any of the following conditions:**

- None  
 Overactive thyroid  
 Coeliac disease (diagnosed Coeliac only)  
 Crohn's disease  
 Rheumatoid Arthritis (not Osteoarthritis)  
 Overactive parathyroid (different from thyroid)  
 Kidney disease ("renal disease")  
 Liver disease  
 Eating disorder (anorexia or unusual diets)  
 High prolactin levels/pituitary disorder  
 Male hormone (androgen) deficiency

**12. Which of the medications do you take? (Please refer to the laminated medication card which is attached to the clip-board)**

- None

\_\_\_\_\_  
 \_\_\_\_\_

STAFF ONLY    \*XLAPS\_\_\_\_\*VFA\_\_\_\_\*FRAX\_\_\_\_